



12A
THE TWELVE APOSTLES
HOTEL AND SPA

Activities To Enjoy While Staying At The Twelve Apostles Hotel

- The Cinema
 - Escape to the stars in our private cinema.
- Mountain Walks and Picnics
 - The Twelve Apostles Hotel and Spa occupies a dramatic location on the flanks of the Table Mountain National Park, and there's nowhere better to enjoy a picnic. Guests can enjoy direct access to this remarkable World Heritage Site from the hotel, with marked paths leading through our indigenous gardens and up onto the mountain. Pick up a luxury picnic, thoughtfully prepared by our chefs and filled with tasty picnic fare, and head out onto the trails for an open-air adventure.

A handful of secluded picnic sites within the hotel's fynbos gardens offer wonderful mountain and ocean views, with plenty of outdoor space and fresh air for keeping children entertained. Order a bottle of Champagne to toast a birthday, anniversary or other special celebration against a spectacular sunset backdrop. Our luxury picnics also provide the perfect ambiance for a romantic date night.

- The Spa
 - The award-winning luxury Spa at The Twelve Apostles Hotel offers a cocoon of wellness and rejuvenation, surrounded by the natural beauty of the Table Mountain National Park while looking out across the Atlantic Ocean. Discover the serenity of a calm and restorative indoor space, with seven elegant treatment rooms, two of which offer couples' treatments. Two additional Mountainside Spa Gazebos offer the unique opportunity for a wellness journey with panoramic ocean views.
- Cape Town Big 7
 - Cape Town is a city rich in art, culture, and history, with an abundance of natural beauty and outdoor adventure on its doorstep. But with so much to discover, it's often hard to know where to begin. To help you make the most of all that South Africa's 'Mother City' has to offer, here are the 'Big 7' must-see attractions of Cape Town.
 - Cape Point Nature Reserve
 - The City Walk
 - Constantia Winelands
 - Kirstenbosch
 - Robben Island
 - Table Mountain
 - V&A Waterfront